



Nomination

Why hasn't this expanded: scalable pilot programs

**Markham FHT - ED Bridge Program Program Lead
Markham FHT Eating Disorders (ED) Bridge Program**



Since 2013, the Markham FHT ED Bridge Program has provided specialized care to a very vulnerable population - patients on a wait list for entry to a community eating disorders treatment program. These often medically unstable patients, and their anxious family members, require the right care by the right provider in a timely manner. The program stands as the model upon which family health teams base their collaborative, patient-centred approach to care. Utilizing the IHP's central to most FHT's, this is a concrete example of a scalable program.

Care of a patient with an eating disorder is truly a team effort, with the patient and caregivers informing the program of gaps and successes. From its inception, the ED Bridge Program has tailored its processes to match the individual needs of the patient. After the patients have completed treatment at a formal community eating disorders program, they return to the FHT ED Bridge team for follow up and then transition back to their usual primary care provider. This workflow was designed based on feedback received from patients and continues to bring a high degree of satisfaction to them and their caregivers.