



## **Nomination**

### **Expanding your reach**

**Jean Guo – South East Toronto FHT**

**Physician Assistant – Impact upon vulnerable community patients at high risk of hospitalization**



SETFHT Physician Assistant Jean Guo leads the homevisit program, providing comprehensive, continuous homevisits to patients most at risk of hospitalization within the East Toronto Sub-region. Through Jean's work with home bound patients with chronic health conditions; both episodic and CDM needs are managed in the comfort of the patient's own home. Family caregivers express tremendous relief from diligent and timely care provided by Jean as have the clinician leading the homevisit program at SETFHT. Our homebound patient population at SETFHT is frail & elderly with multiple co-morbidities that limit their ability to access care within a traditional primary care setting.

Through her work with our frail patient population, Jean supports these patients by fostering awareness of the importance of their medication compliance and other preventative care measures assisting her patients in seeking to understand. Additionally, she sets goals with her patients & monitors the % of patients that achieved at least one of their identified goals. Both the CIHR I-coach study as well the Ministry of Health University of Toronto BRIDGES study both have interviewed patients and their caregivers extensively, and the qualitative studies have been published demonstrating that this homevisit program is providing exemplary care.