



## Nomination

### Expanding your reach

**Don Mills FHT/Sunnybrook Department of Family and Community Medicine  
Don Mills FHT Prenatal Outreach Pilot for At Risk Women in North SubRegion**



The Sunnybrook Family Medicine Obstetrics Outreach Program for At Risk Women was initially implemented at the Don Mills Family Health Team with access to an interprofessional team with embedded prenatal care in an underserved area. Education and resources for pregnancy was available in collaboration with Sunnybrook Department of Family and Community Medicine and Women & Babies program. In collaboration with our community family health team we were able to increase access to prenatal care and facilitate access to timely, seamless specialty care to reduce pregnancy risks and improve outcomes in a population known to be at risk for gestational diabetes and hypertensive disorders of pregnancy.

Patients are involved in the evaluation of the outreach program by participating in satisfaction surveys and focus groups exploring possibilities for program improvement. Their feedback indicated that patients enjoy both being seen in their community and the ease of connecting with Sunnybrook Hospital.